

# "When the Rapist is Her Partner"

## AN INTIMATE PARTNER SEXUAL VIOLENCE TRAINING WORKSHOP

**Duration:** Full or half-day as preferred by hosts.

### **Introduction:**

Intimate Partner Sexual Violence (IPSV) represents the overlap between domestic violence and sexual assault. Studies reveal IPSV to be the most prevalent form of sexual assault, entailing the highest level of physical injury, and as carrying more serious long-term effects than stranger rape. IPSV concurrent with physical violence is also more likely to result in fatality than violence alone. Despite these factors, it remains the most underreported form of sexual assault. When women who have experienced IPSV seek help, it is frequently minimised or ignored by counselling, medical, legal and clerical professionals. IPSV is still surrounded by many myths about "real" rape, and many people, including survivors themselves, may accept these myths, which allow IPSV to flourish unchecked, and the danger to women to continue.

Yet, the high proportion of women who have experienced this crime, plus the dangers to them, make IPSV urgent to address. This dynamic and interactive training workshop, **designed for a maximum of 30 participants**, will familiarise professionals with different aspects of IPSV, and arm them with strategies for addressing it when they intersect with survivors.

### **Take-Aways:**

Each participant will receive a handout packet containing a USB stick laden with resources to assist in future work with IPSV, and a certificate of participation.

### **Workshop Goals:**

- ✓ To define IPSV and give participants an understanding of the nature of this type of violence.
- ✓ To understand the societal issues that lead to IPSV
- ✓ To understand the impact that IPSV has on survivors' lives
- ✓ To understand the threat to a survivor's life that IPSV can pose and the urgency of response
- ✓ To develop ways to help provide better services for survivors
- ✓ To develop strategies for prevention

### **Just a few topics the Workshop will cover:**

- ✓ Why focus on IPSV is important
- ✓ Forms of IPSV
- ✓ Health Issues
- ✓ Legal Issues
- ✓ Psychological Impact of IPSV on women and children
- ✓ IPSV and Fatality
- ✓ Risk Factors for IPSV
- ✓ Offender Motivations
- ✓ Implications for different client groups (Same-sex, teens, women with disabilities, cultural issues and older women)
- ✓ Counselling and intervention issues (including applied exercises in work with a client, "Justine")
- ✓ Prevention
- ✓ Self-Care
- ✓

### **Who Should Attend?**

- ✓ Workers and advocates in the fields of domestic violence and sexual assault.
- ✓ GPs
- ✓ Police
- ✓ Clergy

- ✓ Nurses
- ✓ Teachers
- ✓ Counsellors
- ✓ Psychologists
- ✓ Social Workers
- ✓ Psychotherapists
- ✓ School counsellors
- ✓ University Students

## Presenters (Based in Albury, NSW)

### Louise McOrmond Plummer



Louise has recognised international expertise in the field of IPSV, and has presented on it as far away as Scotland. She is a survivor of domestic violence and rape by a partner who attempted to kill her. Louise has an Associate Diploma in Welfare Studies and has devoted 20 years to the study of IPSV and supporting survivors. Louise is co-author of the book *Real Rape Real Pain: Help for women sexually assaulted by male partners* (Hybrid Publishers, Melbourne, 2006), and co-editor of the book *Intimate Partner Sexual Violence: A Multidisciplinary Guide to Improving Services and Support for Survivors of Rape and Abuse* (Jessica Kingsley Publishers, UK, 2013). Her third book, *Perpetrators of Intimate Partner Sexual Violence: Prevention, Recognition, and Intervention*, is to be published by Routledge Publishers and released in 2016. Louise is sitemistress of Aphrodite Wounded ([www.aphroditewounded.org](http://www.aphroditewounded.org)), which offers support resources to survivors of IPSV and educational resources for professionals. Louise is a research associate with the West Virginia University Research Center on Violence

### Helen Newman (Co-Presenter for full-day workshops)



Over the past 20 years Helen has worked on a range of projects in the fields of domestic violence, sexual assault, social welfare research, policy writing and community development. Some of these projects have included developing research models around domestic violence, supporting women escaping domestic violence as they traverse the court system, developing policy for Albury women's refuge and supporting and advocating for the rights of refugee women and children. Her primary work for last 13 years has been filmmaking, with a particular focus on human rights.

**Please note** that Louise is also available for presentations on the topic of IPSV, and for keynote speaking at an event.

### WORKSHOP ENQUIRIES

If your organization is interested in hosting a workshop, you have questions or require more information:

Email: [louise@mcormondplummer.com.au](mailto:louise@mcormondplummer.com.au) OR Ph: 0427 100 433

Please also see Louise's website at [www.mcormondplummer.com.au](http://www.mcormondplummer.com.au)

## What People are Saying – Testimonials



*"The IPSV training was specially tailored for first responders within the health and justice clusters in regional NSW. Attendees were very appreciative of the personal experience of the presenter, Louise, and whilst most are aware that IPSV exists, have never heard about it in this manner. This type of presentation is by far the best way to learn, and the attendees were openly encouraged to participate, question, and, share information. Attendees left with new information, strategies and awareness - all keen to advance the cause and bring IPSV into the open. Biggest thanks to Louise, who does an excellent job - clearly passionate, extremely knowledgeable and with a great personality that really delivers - we say thanks! We are already planning some additional sessions. '~Julie Grey, Coordinator, Staying Home Leaving Violence, Orana Local Area Command, NSW Police Force*

*"Louise McOrmond-Plummer is an inspirational trainer and educator with a unique combination of personal experience and academic knowledge. Her presentations are professional, engaging and well-balanced. Despite the confronting nature of the subject of IPSV Louise is confident*

*and articulate in front of both small and large groups. I recommend her training to all community, health and justice sector workers." ~ Di Macleod, Founder and Director of Gold Coast Centre Against Sexual Violence (GCCASV)*

*"Louise McOrmond-Plummer, a leading light in the IPSV field as the coauthor of Real Rape, Real Pain and originator of the IPSV survivor website [www.AphroditeWounded.org](http://www.AphroditeWounded.org), is most generous with her insight, information, and support." ~Jennifer Y. Levy-Peck, PhD, Psychologist and Author, IPSV specialist at a statewide sexual assault coalition in the United States*

### Feedback comments from *When the Rapist is Her Partner* IPSV Training Workshop:

- *"The workshop was insightful and informative in learning about IPSV."*
- *"Thankyou very much for presenting such an informative workshop. I am looking forward to sharing what I have learned with my colleagues. I will also be reflecting on how I can implement what I have learned in my work with clients."*
- *"Training has raised my awareness of IPSV and will definitely influence my practise"*
- *"Louise and Helen were excellent at engaging those attending, were well-informed and presented information in an easy to understand format."*
- *"Can't thank you enough for a fantastic, positive learning experience. Always good to reflect on practice and BIG picture issues"*
- *"I'd like to say thanks for you making the effort to facilitate a workshop. Those of us that attended definitely took something new away. "*
- *"Excellent presenters. Love USB of resources (saving paper). Easy to share. Felt encouraged to respond and respected. Thankyou! :)"*
- *"Thanks for providing a good foundation on understanding IPSV. Keep up your amazing work and teachings!"*
- *" What a wonderful training experience. I have learnt so much that I will be using in my interactions with my clients"*
- *"Presenters have an easy-going, great but professional training style. This made the content easy to digest."*